Name:	ID:	Section:

Complete the table below. Refer to Chapter 2 of the Handbook for more information.

AREA	SKILLS	ACHIEVEMENTS	RATING	COMMENT
P.E.	I can play football. I can pass	I played as a defender on my high school	7/10	I have improved a lot and I am a confident player now. I
EXAMPLE	the ball, head the ball and control it.	team for 2 years.	hope to play for PSU Football Team, God willing. I am doing a lot of training in my free time.	
English Language			1= Poor 10= Excellent	
E.g. a skill like				
listening or writing				
IT/ Computer				
Maths				
Personal				
Organisation				

6% for this section [1/2 mark for each relevant personalised thoughtful comment.]

Your Qualities refer to page 27 and 29 [Example qualities = being honest, being punctual, being reliable, being loyal, being hardworking, being persevering, being kind etc]

Write about one quality that you have that you think you already have. How will this help you to be successful? Next, choose a quality that you think you need to develop. Why do you need this quality?

A quality I already have Write a short paragraph describing a quality you have and how it has helped you.

A quality I need to develop Write a short paragraph describing a quality you need more of. Describe how you could develop it. How will it help you in your studies?

4% for this section [2 marks for each paragraph, consisting of ½ mark for each honest thoughtful detail.]