

Essay Question (ANSWER ONLY ONE OF THE OPTIONS)

Write a paragraph (about 100 words) answering ONE of the following essay questions.

1. Hussain has a habit buying sugary junk food from a vending machine at school and has gained a lot of weight. So every time he gets near the candy vending machine, other students start laughing and criticizing him. This results in Hussain not going near the candy vending machine. So he starts eating more healthy food. Describe two types of conditioning (from behaviorist learning theory) that might be involved in Hussain's change of behavior.
2. Describe a theory of emotions that you think is most valid (most true). To get full points, you should mention at least two processes / functions that were part of the theories discussed in class. You can describe your own theory - but you still have to mention at least two processes / functions discussed in class.

**Answer Key**

- 1.**
- 2.**